



COURSE OUTLINE: CYC159 - FAMILY PRACTICE

Prepared: CYC Faculty

Approved: Karen Hudson, Chair, Community Services and Interdisciplinary Studies

Course Code: Title	CYC159: FAMILY PRACTICE
Program Number: Name	1065: CHILD AND YOUTH CARE
Department:	CHILD AND YOUTH WORKER
Academic Year:	2023-2024
Course Description:	This course introduces students to the Child and Youth Care perspective of working with families in their daily lives. Students will examine the behavioural, developmental and psychosocial strengths and needs of children, youth and families in relation to their current family environments. Practical application of strategies that support the concept of therapeutic milieu will be introduced. students examine various evidence-based methodologies and review a representative sampling of family interventions. The course has a practical orientation as various aspects of parenting within the present societal demands of family life are explored. A focus on interventions geared specifically to building strengths within the family is a key component of the course.
Total Credits:	3
Hours/Week:	3
Total Hours:	42
Prerequisites:	There are no pre-requisites for this course.
Corequisites:	There are no co-requisites for this course.
Vocational Learning Outcomes (VLO's) addressed in this course:	1065 - CHILD AND YOUTH CARE
Please refer to program web page for a complete listing of program outcomes where applicable.	VLO 1 Develop and maintain therapeutic relationships with children, youth and their families, respecting their unique life spaces, and applying the principles of relational practice to meet their needs
	VLO 4 Use equitable and inclusive approaches that are anti-colonial, anti-oppressive, anti-racist, and strength-based frameworks, as well as cultural humility, to create positive and sustainable solutions and respond to inequities and to systemic barriers experienced by children, youth and their families.
	VLO 6 Employ communication, collaboration and relational skills with the inter-professional team and with community partners to ensure and enhance the professionalism of practice.
	VLO 7 Engage in self-inquiry, relational inquiry and critical reflection to develop strategies for learning and the practice of self-care, as a practitioner.
	VLO 9 Adhere to relevant legislation and Child and Youth Care standards of practice, competencies, and codes of ethics as a practitioner.
	VLO 12 Develop the capacity to work with children, youth and families who identify with Indigenous, Black, and racialized communities, as well as people in LGBTQ2+ and disabled communities, by identifying systemic inequities and barriers, integrating practices such as trauma-informed care, and respecting their inherent rights to self-determine.



Essential Employability Skills (EES) addressed in this course:

- EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.
- EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.
- EES 5 Use a variety of thinking skills to anticipate and solve problems.
- EES 6 Locate, select, organize, and document information using appropriate technology and information systems.
- EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.
- EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.
- EES 10 Manage the use of time and other resources to complete projects.
- EES 11 Take responsibility for ones own actions, decisions, and consequences.

Course Evaluation:

Passing Grade: 50%, D

A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.

Books and Required Resources:

A Guide to Developing Effective Child and Youth Care Practices with Families by Charles, G., & Garfat, T.
 Publisher: Thom Garfat Edition: Second
 ISBN: 9780987004277

Course Outcomes and Learning Objectives:

Course Outcome 1	Learning Objectives for Course Outcome 1
1. Develop effective intervention strategies which meet the needs and goals of children, youth, and their families	1.1 Explore the behavioural, developmental, and psycho-social strengths and needs of families in their current environments. 1.2 Examine the need for additional resources in order to provide support to families. 1.3 Assess the strategies used and determine the necessary adjustments needed to attain identified goals and needs of the family.
Course Outcome 2	Learning Objectives for Course Outcome 2
2. Review and discuss environments which respect culture and which promote overall well being and facilitate positive change to families.	2.1 Identify the cultural, developmental and social needs of families in the context of their current environments. 2.2 Explore therapeutic principles and strategies related to working with families to a variety of situations and surroundings to create therapeutic environments. 2.3 Discuss the impact of various strategies and suggest necessary adaptations to facilitate change in families. 2.4 Identify care solutions that respect Indigenous ways of knowing, and wise practices that respond to the needs of children, youth, their families and communities. 2.5 Identify culturally safe practice considerations when engaging with community members or entering a community.



	Course Outcome 3	Learning Objectives for Course Outcome 3
	3. Gain greater self-awareness and understanding of others, particularly as it relates to families.	3.1 Explore and state own values and beliefs related to family and working with families. 3.2 Compare and contrast personal values to current research and course literature related to working with families. 3.3 Recognize the impact of privilege and use self-reflection strategies to develop meaningful relationships with all peoples and communities 3.4 Act in accordance with ethical and professional standards.
	Course Outcome 4	Learning Objectives for Course Outcome 4
	4. Communicate effectively in oral, written and nonverbal forms to enhance the quality of service, including the use of LMS discussion groups.	4.1 Identify and utilize forms of communication required by situation and context 4.2 Communicate clearly, concisely, in written, verbal and non-verbal, and electronic communications for diverse children, youth and their families using anti-oppressive, strength-based language 4.3 Students will demonstrate an understanding and empathy for vulnerable clients and their unique issues by way of written assignments and verbal discussions. This can be demonstrated by an absence of judgmental statements and the willingness to view the situation and/or issue from another's perspective.

Evaluation Process and Grading System:

Evaluation Type	Evaluation Weight
Assignments	40%
Participation and Professional Practice	20%
Tests	40%

Date:

July 17, 2023

Addendum:

Please refer to the course outline addendum on the Learning Management System for further information.

